

## **LESSON 17: HUMILITY**

**Bible Story section:** The Pharisee and the Tax Collector. Luke 18:9 - 14

### **Our Message for today:**

Being clothed with humility (gentleness) has greater value than any other trait. It shines forth from us. Those who are proud, will be humiliated. (Pride comes before the fall). Remember, this does not mean that you are a worm. Humble persons do not think less of themselves: they only think of themselves less. True humility has to do with an understanding of who I am in Christ. I am not ashamed of what I am.

**Our text for the day:** *Humble yourselves before the Lord, and he will lift you up. James 4:10*

### **Additional background texts:**

But in your hearts set apart Christ as Lord. Always be prepared to give an answer to everyone who asks you to give the reason for the hope that you have. But do this with gentleness and respect. 1 Peter 3:15.

If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven and forgive their sin and will heal their land. 2 Chron. 7:14.

For whoever exalts himself will be humbled, and whoever humbles himself will be exalted. Matt 23:12.

As a prisoner of the Lord, I urge you to live a life worthy of the calling you have received. Be completely humble and gentle; be patient, bearing with one another in love. Eph. 4:1.

Your beauty should not come from outward adornment, such as braided hair and the wearing of gold jewellery and fine clothes, instead, it should be that of your inner self, the unfading beauty of a gentle and quiet spirit, which is of great worth in God's sight. 1 Pet. 3:2-4.

### **Prayer:**

Dear Lord Jesus,  
Help us today to be humble and to make time for our family, friends, and everyone who crosses our path.  
Amen.

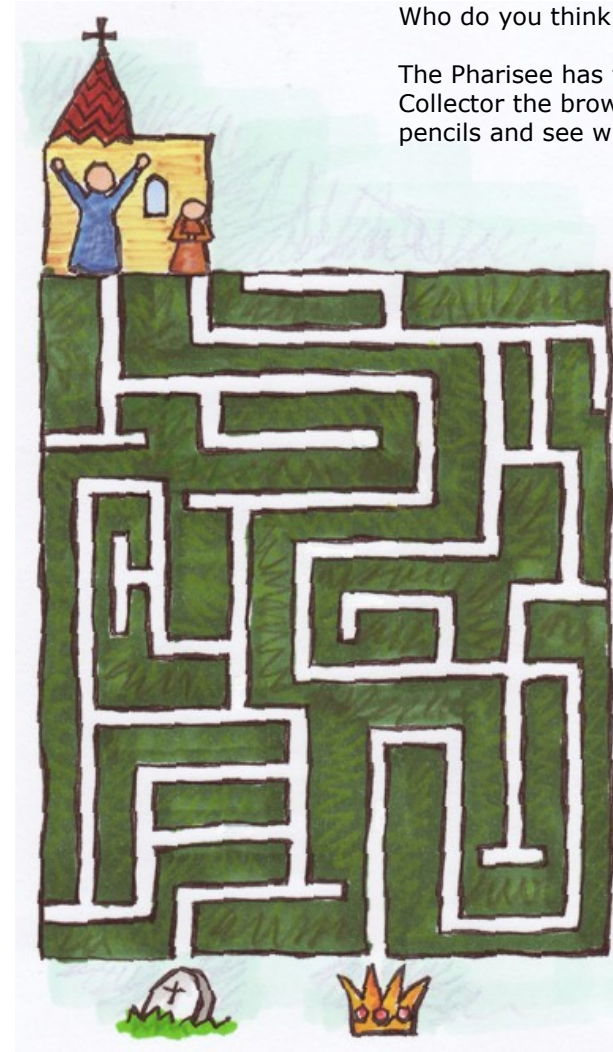
### **Activity:**

**Items needed:** Your exercise book, glue, scissors, colouring pencils.

**Task:** Write the verse in your book and memorise it for next week.

### **Maize:**

### **The Pharisee and the Tax Collector**



Who do you think received God's grace?

The Pharisee has the blue clothes on and the Tax Collector the brown. Take 2 different coloured pencils and see who's road leads where!

1.) There is a way that seems right to a man, but in the end it leads to death.

2.) Do not be afraid of what you are about to suffer. I tell you, the devil will put some of you in prison to test you, and you will suffer persecution for ten days. Be faithful, even to the point of death, and I will give you the crown of life.

The \_\_\_\_\_ received God's grace!

## **LESSON 18: SELF-CONTROL**

**Bible Story section:** David & Saul. 1 Sam 18-19

### **Our Message for today:**

We must be friendly and in self-control at all times. Even if someone loses his or her temper with us, we should still practise Christ's attitude. We will be blessed. We should not just pretend to be in control of ourselves, otherwise we will fail when we are put to the test. We should not be "fake" Christians, but should ask the Lord sincerely to save us from all bad attitudes. Analyse the world self-control and explain what it means.

### **Our text for the day:**

*He will die for lack of discipline, led astray by his own great folly.* Prov. 5:23.

### **Additional background texts:**

For this very reason, make every effort to add to our faith goodness; and to goodness, knowledge; and to knowledge, self-control, and to self-control, perseverance; and to perseverance, godliness; and to godliness, brotherly kindness; and to brotherly kindness, love. 2 Pet. 1:5-7.

Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. Eph. 4:31-2.

### **Prayer:**

Dear Lord Jesus,  
Help me to remain calm when  
I am falsely accused,  
or when someone says something  
nasty about me.  
Let me be an example of self-control.  
Amen.

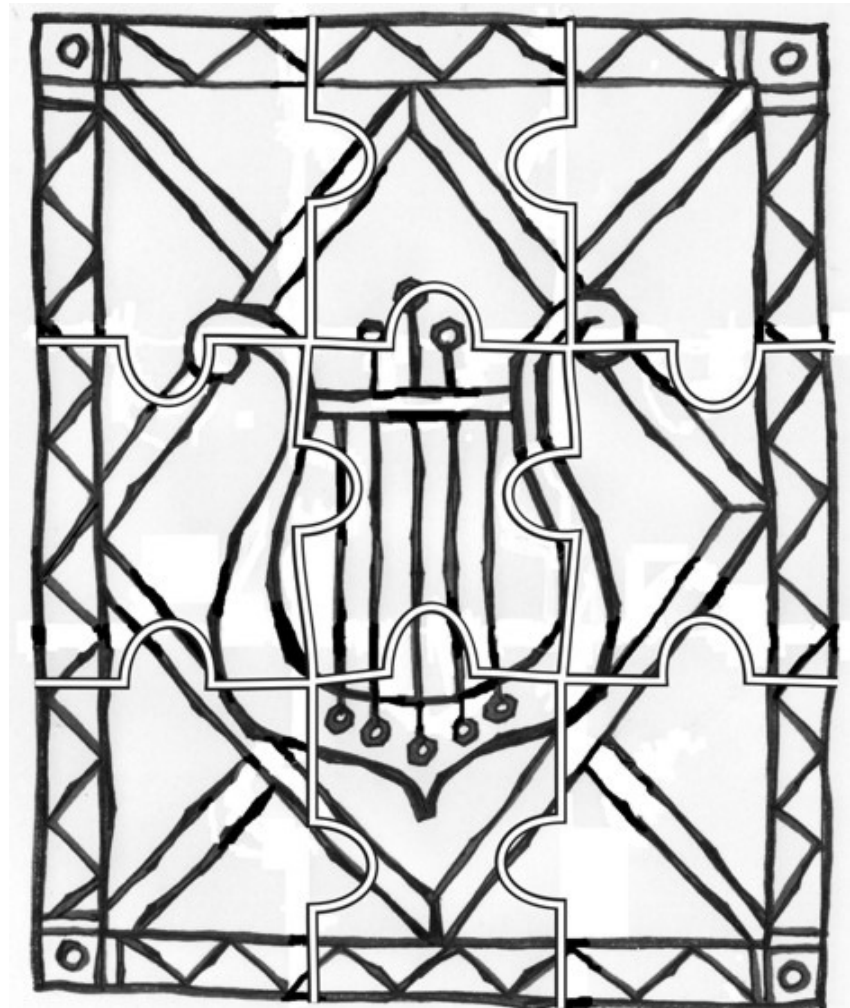


### **Activity:**

Items needed: Your exercise book, glue, scissors, colouring pencils.

Task: Write the verse in your book and memorise it for next week.

We are going to build a puzzle today of a harp! Colour it in as if it is a stained window at the church



## **LESSON 19: SELF-CONTROL**

**Bible Story section:** Jacob and Esau. Gen. 25:19-34

### **Our Message for today:**

Esau came home from work tired, and his lack of self-control (human desires, he was so hungry that he lost his value system, and was willing to sell his birthright for food), resulted in him having to pay the price for many years to come. We should not let our lack of self-control give the devil the chance to come into our lives, and rob us of our precious spiritual gifts or our inheritance (in heaven). Life on earth is nothing more than a few moments rapidly following one another. I do not want my testimony for Jesus to be destroyed by one moment when I surrendered to the flesh. The opposite of self-control is lawlessness (2 Tim. 3:3). This means giving rein to sin.

**Our text for the day:** *Better a patient man than a warrior, a man who controls his temper than one who takes a city.* Prov. 16:32.

### **Additional background texts:**

Like a city whose walls are broken down is a man who lacks self-control. Prov. 25:28.

Since an overseer is entrusted with God's work, he must be blameless – not overbearing, not quick-tempered, not given to drunkenness, not violent, not pursuing dishonest gain. Rather he must be hospitable, one who loves what is good, who is self-controlled, upright, holy and disciplined. Tit. 1:7-8.

And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. Get rid of all bitterness, rage, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. Eph. 4:30 – 31.

### **Prayer:**

Dear Lord Jesus,  
I don't want one moment of anger, pride or desire  
to throw a shadow over a lifetime  
that I have spent walking with you.  
Amen.

### **Activity:**

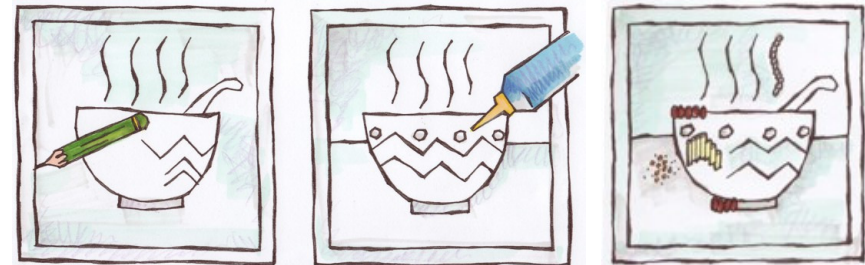
#### Items needed:

Your exercise book, ponal / wood glue, scissors, A5 (or bigger, if the children are older) piece of cardboards (nice and sturdy), a handful of sunflower seeds, dry noodles, dry beans & peas, lentils, sesame seeds etc.

Task: Write the verse in your book and memorise it for next week.

This week we are going to make a mosaic of lentils.

We make a drawing of a pot of lentil stew on an A5 coloured cardboard. Then we start to glue dry beans and grains of wheat on to the drawing. Smear the glue along the lines, and then press the beans on to the glue. Start with the most important elements (your outside lines).



As soon as the outside lines are done, spread the glue over the rest of the design, and fill it with rows of different colours, in this way filling up the spaces. When the pot is finished, make a pretty pattern around the edge of the paper with any leftover beans and grains. Leave it to dry before you pick it up!