

## **Lesson 20: Summary**

**Bible Story section:** Gal. 5:22

### **Our Message for today:**

I hope you enjoyed learning about the 9 fruits of the Spirit with stories from the Bible! Can you name all 9 fruits for me?

**Our text for the day:** Gal. 5:22

*But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.*

### **Additional background texts:**

I am the true vine, and my Father is the gardener. He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes so that it will be even more fruitful. Remain in me, and I will remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me. I am the vine, you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing. This is to my Father's glory; that you bear much fruit, showing yourselves to be my disciples. John 15:1-5 & 8.

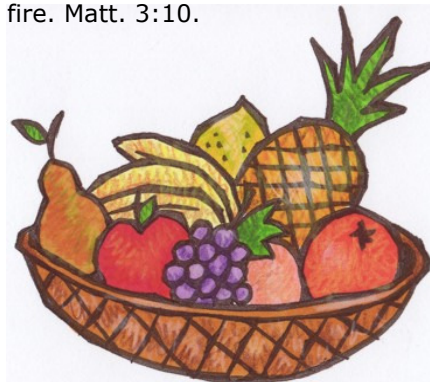
You did not choose me, but I chose you and appointed you to go and bear fruit – fruit that will last. Then the Father will give you whatever you ask in my name. John 15:16.

No good tree bears bad fruit, not does a bad tree bear good fruit. Each tree is recognised by its own fruit. People do not pick figs from thorn-bushes, or grapes from briars. The good man brings good things out of the good stored up in his heart, and the evil man brings evil things out of the evil stored up in his heart. For out of the overflow of his heart his mouth speaks. Luke 6:43-45.

The axe is already at the root of the trees, and every tree that does not produce good fruit will be cut down and thrown into the fire. Matt. 3:10.

### **Prayer:**

Dear Lord Jesus,  
Please help me to let my light shine,  
So that everyone can see that  
I have the Fruits of the Spirit in my life.  
Amen.



### **Activity:**

**Items needed:** A bean pip, 2 pieces of watte, a plastic cup / holder.

**Resources:** Discuss the year's lessons:

Did they learn something? What was their favourite story? Do they understand how to apply the Fruits of the Spirit in their lives every day, so that they can grow spiritually like the bean? Can they name all the Fruits of the Spirit?

**Task:** Illustrate how quickly a bean can sprout and grow if it receives enough light and water every day, and what pleasure it gives us. In the same way it gives pleasure to our Lord Jesus when he sees us develop and grow.

### **Plant a bean:**

Take a saucer or container. Put a layer of cotton wool in the saucer. Put 3 (or more) beans on the cotton wool. Cover the beans with cotton wool to protect them. Pour enough water on to the cotton wool to wet everything. Place it on a windowsill where there is enough light. You will have to water it a little bit every day. Lift up the cotton wool to see how the sprouting process is getting on. As soon as the plant is big enough, you can plant it in a vegetable garden!



### About the Author:

From an early age, I loved the Bible and the stories in it. Needless to say, Sunday school was my favourite time of the week!

Although my parents went to church every Sunday and took me to Sunday school, they really became converted powerfully only when I was 7 years old. The Lord led them to another church where the Holy Spirit was working and where one could grow spiritually. Of course I could not understand it at that age and was crazy about my current Sunday school.

Every Sunday for the next two months, my parents dropped me at their old church and then went to attend their new church. After Sunday school, they picked me up again. One Sunday, on our way to church, my father asked me if I did not want to come and try out the new church. They also had a Sunday school, and he was sure I would be happy there.

I did not want to give in easily, by my father then promised me that if I gave the new Sunday school only one chance, he would never again ask me to come with them ever again. It did not sound too bad, and even as a child, I understood negotiations: once would not kill me, as long as my father would take me back to my old Sunday School.

The next Sunday, I went with them to the new church. A little weepy and not in the mood for new people, but I was sure I was going to be back at my old class the next Sunday. Little did I know that I was going to have a real meeting with God on that day and experience the power of the Holy Spirit for the first time in my life! It was a Sunday School lesson that I still have not forgotten after 30 years.

The Sunday school teacher had made two material hearts, one black and one white. She filled the white heart with little feathers, and the black heart with pebbles. In this way, she explained to us the concept of sin, confession and forgiveness. For every time one confesses a sin, she took a pebble from the black heart and added a feather to the white heart. Such a simple concept, but there a new world opened up for me.

Of course, I never returned to my old Sunday school. I could not wait to go to the new Sunday School the next week and so it was throughout my whole school career.

If one Sunday school lesson could have such an impact on someone's life, you can imagine what a year can do. And that only because a Sunday school teacher took her task seriously, prepared thoroughly and passionately could share something from the Bible with us.

For this reason, I also want to share my little lessons with everybody. Although I have written and illustrated every little lesson, I have incorporated many anecdotes, little art projects and little lessons that I received or learnt from other people in these lessons so that they would not be lost. I would like to give credit to everybody, but mostly I cannot remember where I have heard them, or there is no name on the paper I have. I trust whole-heartedly that all those people will be blessed.

May you and the children receive the same blessing from these little lessons that I received as a child.

Good luck and my God bless you!

Annemie

